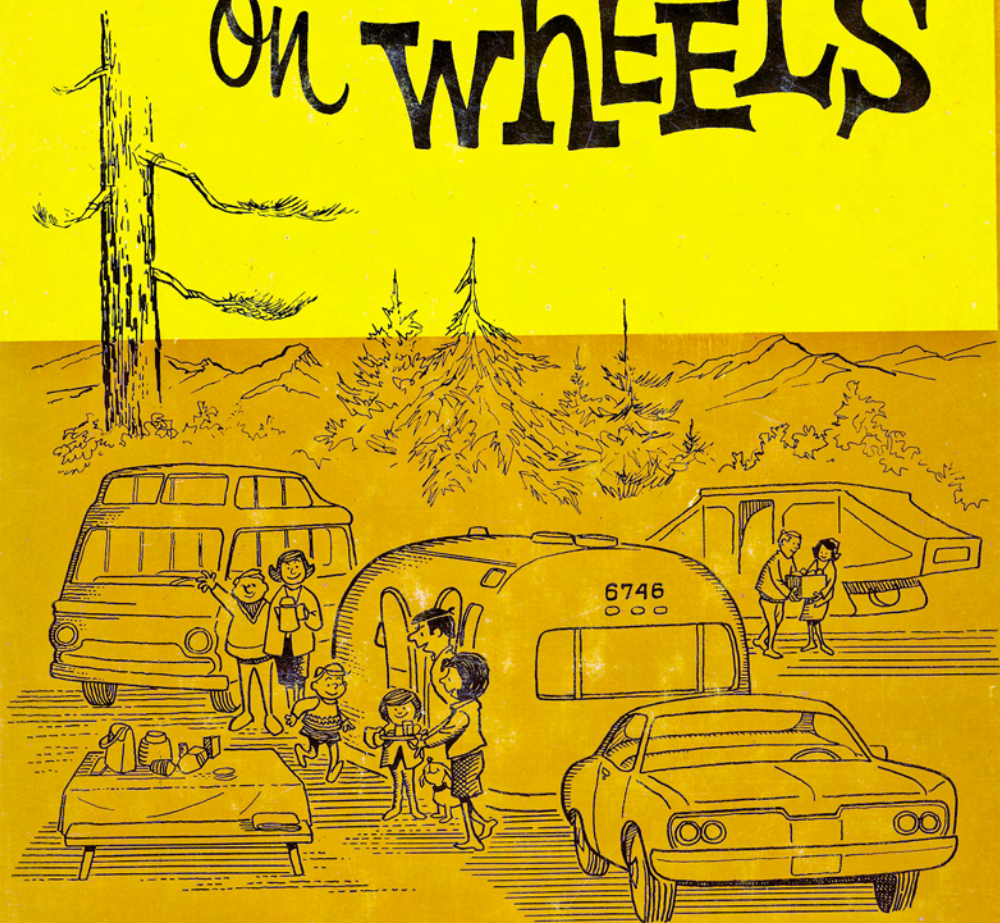


Arlene Strom

COOKING ON WHEELS



Foreword by Helen Byam Schwamborn



Photo Hank Dollard

ARLENE STROM IN HER TRAILER KITCHEN

FOREWORD

While traveling by trailer, chalking up more than 100,000 miles, Mrs. Strom compiled an exciting collection of recipes adapted to travel trailer cooking. To inspire you to try your hand at this lively game of trailer cooking, she shares with you her recipes, suggestions, and tid-bits of helpful information in **COOKING ON WHEELS**.

Her book is a stimulus for the cook on wheels. She invites you to explore the world of enjoyable and free-wheeling cooking. She challenges you to expose new layers of talent by solving menus in a most creative way.

Through reading **COOKING ON WHEELS** you will capture the intriguing and ever changing facets of cooking on wheels. It is a sensible approach to cooking which makes the book a practical one for both the epicure and neophyte. The recipes are popular ones, many are old favorites, and all have been tried and proven.

The author skillfully leads her readers from a gastronomic splurge to a "quickie" meal. She believes in shortcuts and appreciates their importance, as she does the start-from-scratch cuisine for more auspicious occasions. She believes in giving recipes a personal touch.

When she first began to trailer, Mrs. Strom said that she had to carry ideas and recipes on cards. Trailer cookbooks didn't exist to meet her needs, and there wasn't room in the trailer (along with the family, her husband and son) for all the books she valued for ideas and recipes. She wondered if other trailerists didn't share

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her dilemma. She decided that they did, and that she would incorporate into a single volume, tailored expressly for the trailer cook, the mass of data she had accumulated through the years.

Mrs. Strom enjoys having guests and giving dinner parties in her trailer. She enjoys baking, which she says includes everything — even Swedish rye bread. She confides that the ideas and recipes in her book are mostly gifts of family and friends, many from the Swedish tradition of cooking.

Mrs. Strom features recipes, hints, ideas and the employment of methods conducive to efficient operation in the trailer. Trailer travel gets one away from the daily grind of shopping in the same markets, away from preparing and serving meals in the same setting, and away from always adhering to the conventions of established home-town customs.

A seasoned trailerist, Mrs. Strom stocks only a few days' supply and indulges in the pleasure of shopping along the way when traveling. Stopping at local markets can be crowned with adventure. One may stop at a general store where groceries are shelved along with tools, household generals, and clothing; one may seek the grandeur of supermarkets, or the ritziest gourmet shops.

Schedules are flexible — day's end might be beside a lily-mantled lake, or on the measureless open desert. Dinner may be savored in the glow of a crimson sun setting behind purple hills, or beside the pounding surf or a quiet stream.

Even the table can be a vision of one's ingenuity . . . in fact the imagination of the entire family can be unleashed in the clever fabrication of fanciful decorations made of weeds, wild flowers, pods, driftwood, pine cones, sea shells or whatever is at hand.

COOKING ON WHEELS takes a different approach than the usual cook book: Top of the Stove Cookery; Using Your Oven; Recipes with Little or No Preparation; Organizing the Trailer Kitchen; Equipment; Food Purchasing and Storage; and Helpful Hints.

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This is a comprehensive how-to cook book for trailering, with jotting space allowed for personal additions. It is the substance of firsthand knowledge of cooking on wheels, and it will be a valuable addition to one's trailer library.

The Stroms have been trailering since 1961, when they purchased their first travel trailer. Mr. Strom is a Chaplain in the Veterans Administration Hospital system. As Deputy Director of VA Chaplains, he is required to travel a great deal. In the summer the Stroms hook up their Airstream and accompany Mr. Strom to wherever his duties may take him. One summer they traveled from their home in Maryland to the Rockies, to Nova Scotia, and back to Maryland. Summer for the Strom family is synonymous with joyous adventure.

HELEN BYAM SCHWAMBORN

April 29, 1970

Dear Helen,

Words will never be able to
express my heartfelt appreciation
for your part in this book and
your inspiration to ~~Airstreamers~~.

I treasure your friendship -

With warmest wishes,

Helen